KHALIAH G.

PERFORMANCE REHAB

YOUR SYSTEM IS TIRED. YOUR PEOPLE ARE NOT THE PROBLEM.



Khaliah O. Guillory's journey from the basketball court to the boardroom shaped her belief that talent alone is never enough. As a former NCAA Division I Women's Basketball Team Captain and Fortune 100 Vice President, she saw firsthand how much the environment around people impacts how they perform.

A TEDx speaker, Certified Sleep Coach, tech founder, and global speaker, Khaliah has led more than 200 people and overseen a $1 billion book of business. Her work connects leadership, culture, wellness, and sustainable high performance.

Through Performance Rehab™, Khaliah helps organizations strengthen the conditions around performance so people can think clearly, lead effectively, and perform at a high level without burning out.

Whether speaking to executives, people leaders, or high-performing teams, Khaliah helps organizations rethink one fundamental truth:
You can't keep asking more from people without examining the environment they're being asked to perform in.

FEATURED IN:

NASA · UHD University of Houston Downtown · UNITED · lululemon · SHRM Linkage · DELL

MOST REQUESTED KEYNOTES

Khaliah helps organizations build environments where people can lead well, perform at a high level, and sustain it.

1
CULTURE · LEADERSHIP · PERFORMANCE

Performance Rehab™
Rebuilding the Conditions Around High Performance

2
LEADERSHIP · HIGH PERFORMANCE · SALES

Performance Rx
Helping High Performers Sustain the Pace

3
CULTURE · LEADERSHIP · AI READINESS

The Human Side of Change
Building Trust, Readiness & Adaptability Through Change

4
NEUROSCIENCE · WELLNESS · SUSTAINABLE PERFORMANCE

The Recovery Edge
Using Recovery to Protect Capacity and Performance

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"She has a true gift to move an audience into action. Her speaking style kept our audience on the edge of their seats."



Terra Bohlmann
Forbes Coaches Council